

0: The First Seder

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוֵּנוּ עַל סִפְרֵי ת הָעוֹמֵר.

Baruch atah Adonai, Eloheinu melech ha-olam, asher kid'shanu b'mitzvotav v'tzivanu al sefirat ha-omer.

Blessed are you, Adonai, our God, ruler of the universe, who has sanctified us through your commandments, commanding about counting the omer.

Malchut/Shechinah מַלְכוּת / שְׂכִינָה divine presence the queen flow a channel	Yesod יְסוּד foundation potency creativity	Hod הוֹד splendor humility gratitude acceptance	Netzach נְצַח eternity endurance vision victory	Tiferet תִּפְאֶרֶת beauty radiance harmony balance	Gevurah גְּבוּרָה strength judgment discipline distinctions	Chesed חֶסֶד kindness compassion unbounded love	day ←	week ↓
7	6	5	4	3	2	1	Chesed	
14	13	12	11	10	9	8	Gevurah	
21	20	19	18	17	16	15	Tiferet	
28	27	26	25	24	23	22	Netzach	
35	34	33	32	31	30	29	Hod	
42	41	40	39	38	37	36	Yesod	
49	48	47	46	45	44	43	Malchut / Shechinah	

50: Erev Shavuot